

March 30, 2001

Dear Sir or Madam:

We are the Eisenhower Leadership Development Program, a group of college students at Texas A&M University. The city of College Station has a mission to promote the well being of the community, while advancing the quality of life, resulting in exceptional civic pride. This semester we are working in association with the City of College Station by conducting a survey to determine the recreational/social needs of the senior citizens in our area. In addition, it is our job to determine what various activities that the senior citizens of College Station would like to participate in.

Please help us by taking a couple of minutes to fill out our survey. We have enclosed a self-addressed and stamped envelope, for your convenience. If you could please fill out the survey and promptly send it back to us, it would be greatly appreciated. This survey is completely anonymous and your answers will not be traced back to you.

We have also enclosed two copies of a consent form. Please sign one and return it with the survey. You may keep the other copy for your own records.

Thank you for your time and considerations. We appreciate you helping us in trying to determine the characteristics of the senior citizen community. If you have any questions, please feel free to contact our advisor, Allison Dunn at (979) 862-8837. Thanks and Gig' Em!

Sincerely,
The Eisenhower Leadership Development Program

City of College Station Senior Survey

Please fill out and complete the provided survey. When finished please insert the survey into the addressed envelope provided and send it back in the mail. If there are any questions, please contact Allison Dunn at 979-862-8837. Thank You.

Please circle your level of interest in the following activities by rating them on a scale from 1 to 5.

1 = Never 2 = A Little Interested 3 = Somewhat Interested
4 = Interested 5 = Very Interested

1. Physical Activities:

| | Not Interested | | | Very Interested | |
|------------------------------|----------------|---|---|-----------------|---|
| Dancing | 1 | 2 | 3 | 4 | 5 |
| Exercise (aerobics, walking) | 1 | 2 | 3 | 4 | 5 |
| Sports | 1 | 2 | 3 | 4 | 5 |
| Gardening | 1 | 2 | 3 | 4 | 5 |
| Other _____ | 1 | 2 | 3 | 4 | 5 |

2. Hobbies:

| | Not Interested | | | Very Interested | |
|-------------|----------------|---|---|-----------------|---|
| Woodworking | 1 | 2 | 3 | 4 | 5 |
| Crafts | 1 | 2 | 3 | 4 | 5 |
| Photography | 1 | 2 | 3 | 4 | 5 |
| Painting | 1 | 2 | 3 | 4 | 5 |
| Other _____ | 1 | 2 | 3 | 4 | 5 |

3. Games:

| | Not Interested | | | Very Interested | |
|------------------------|----------------|---|---|-----------------|---|
| Card games | 1 | 2 | 3 | 4 | 5 |
| Bingo | 1 | 2 | 3 | 4 | 5 |
| Bridge | 1 | 2 | 3 | 4 | 5 |
| Board games (scrabble) | 1 | 2 | 3 | 4 | 5 |
| Other _____ | 1 | 2 | 3 | 4 | 5 |

4. Trips:

| | Not Interested | | | Very Interested | |
|-------------|----------------|---|---|-----------------|---|
| Shopping | 1 | 2 | 3 | 4 | 5 |
| Sports | 1 | 2 | 3 | 4 | 5 |
| Sightseeing | 1 | 2 | 3 | 4 | 5 |
| Shows | 1 | 2 | 3 | 4 | 5 |
| Other _____ | 1 | 2 | 3 | 4 | 5 |

5. Education:

| | Not Interested | | | Very Interested | |
|--------------------|----------------|---|---|-----------------|---|
| Finances | 1 | 2 | 3 | 4 | 5 |
| Nutrition | 1 | 2 | 3 | 4 | 5 |
| Computers/Internet | 1 | 2 | 3 | 4 | 5 |
| Genealogy | 1 | 2 | 3 | 4 | 5 |
| Other _____ | 1 | 2 | 3 | 4 | 5 |

6. Discussion:

| | Not Interested | | | Very Interested | |
|----------------|----------------|---|---|-----------------|---|
| Current events | 1 | 2 | 3 | 4 | 5 |
| Books | 1 | 2 | 3 | 4 | 5 |
| Reminiscence | 1 | 2 | 3 | 4 | 5 |
| Support | 1 | 2 | 3 | 4 | 5 |
| Other _____ | 1 | 2 | 3 | 4 | 5 |

7. Performances:

| | Not Interested | | | Very Interested | |
|----------------|----------------|---|---|-----------------|---|
| Plays | 1 | 2 | 3 | 4 | 5 |
| Movies | 1 | 2 | 3 | 4 | 5 |
| Fashion/Talent | 1 | 2 | 3 | 4 | 5 |
| Music | 1 | 2 | 3 | 4 | 5 |
| Other _____ | 1 | 2 | 3 | 4 | 5 |

8. Have you received information regarding various recreational/social activities for senior citizens in the College Station area in the past year? (please check)

_____ Yes _____ No

9. Please rate how often you participate in recreational activities with the following individuals/groups of people. (please circle)

1 = Never 2 = Occasionally 3 = Sometimes 4 = Frequently 5 = Always

| | Never | | | Always | |
|--|-------|---|---|--------|---|
| a. Participate alone | 1 | 2 | 3 | 4 | 5 |
| b. Participate with family | 1 | 2 | 3 | 4 | 5 |
| c. Participate with close friends | 1 | 2 | 3 | 4 | 5 |
| d. Participate with individuals you have never met | 1 | 2 | 3 | 4 | 5 |
| e. Participate with same-gender groups | 1 | 2 | 3 | 4 | 5 |
| f. Participate with mixed-gender groups | 1 | 2 | 3 | 4 | 5 |

10. Please check which of the following best describes your racial or ethnic background?

- African American
- American Indian/ Alaskan Native
- Asian or Pacific Islander
- Caucasian
- Hispanic
- Other _____

11. Which age range are you in? (please circle)

- a. 65-70 b. 71-75 c. 76-80 d. 81-85 e. 86-90 f. 90+

Please check:

12. I am: Male _____ Female _____

13. I am: Single _____ Married/living with a partner _____
 Widowed _____ Divorced _____

14. How long have you lived in the Bryan/College Station area?

_____ 0-2 years

_____ 11-15 years

_____ 3-5 years

_____ 16-20 years

_____ 6-10 years

_____ Over 20 years

15. How often do you leave your residence?

(please check)

_____ Never

_____ Sometimes

_____ Often

_____ Always

16. What is your primary mode of transportation? (check only one)

_____ I drive myself

_____ Bus

_____ Shuttle

_____ Taxi

_____ Other _____ (please specify)

17. How much time do you spend in recreation, social, and educational activities a week?

_____ 1-2 hours

_____ 3-4 hours

_____ 5+hours

18. How often do you use recreational, social, and educational activities provided by the City of College Station? (please check)

_____ Never

_____ Sometimes

_____ Often

_____ Always

19. If you are not satisfied with your current level of participation, what factors are keeping you from participating? (Check all that apply)

_____ Health limitations

_____ Lack of Money

_____ Lack of time

_____ Lack of Desire

_____ Safety

_____ Lack of Transportation

_____ No factors are keeping me from participating

_____ Other (please describe) _____

20. Please check which of the following categories best describes your total household income, including the money provided to you by your extended family.

- Less than \$10,000
- \$10,000 - \$29,000
- \$30,000 - \$49,000
- \$50,000 - \$70,000
- Over \$70,000

21. Indicate the best time(s) of day for you to participate in recreation/leisure activities:

(please check all that apply)

- Morning Afternoon Evening

22. If there was a senior center in College Station that offered the recreational/social activities that you are interested in, how likely would it be that you would go? (please check only one)

- Not at all likely Somewhat Likely Likely Very Likely

23. Please include any additional comments that you have in regard to your recreational, social, and educational interests.
